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The Complete Cabo San Lucas Travel Guide

A practical introduction to exploring Los Cabos with confidence

TRAVEL • EXPLORE • DISCOVER

Los Cabos brings together desert landscapes, the Pacific Ocean, the Sea of Cortez, resort areas, small towns and a wide range of outdoor experiences. This guide helps first-time visitors understand the destination, plan their days and choose experiences that fit their travel style.

Inside this guide

- Understanding Los Cabos
- Choose your travel style
- Plan a balanced visit
- Practical planning checklist
- Frequently asked questions
- Explore with Tour Cabo Today

A practical guide for planning. Always confirm current details, access rules, availability and operator terms before booking.

Your guide

Los Cabos brings together desert landscapes, the Pacific Ocean, the Sea of Cortez, resort areas, small towns and a wide range of outdoor experiences. This guide helps first-time visitors understand the destination, plan their days and choose experiences that fit their travel style.

Understanding Los Cabos

• Los Cabos is a municipality at the southern end of Mexico's Baja California Sur peninsula. Cabo San Lucas and San José del Cabo are its best-known towns, connected by the Tourist Corridor.

• Cabo San Lucas is known for its marina, restaurants, nightlife, water activities and access to boat excursions. San José del Cabo has a historic town center, art galleries, restaurants and a more relaxed atmosphere.

• The Tourist Corridor sits between the two towns and includes resorts, golf areas and beaches. Distances and travel times depend on the exact hotel, traffic and destination.

Choose your travel style

• Ocean lovers can consider snorkeling, sunset sailing, whale watching when seasonal conditions allow, sport fishing or a private yacht charter.

• Adventure seekers may prefer ATV or UTV outings, zipline experiences, horseback riding or camel experiences offered by local operators.

• Travelers interested in culture and scenery can explore Todos Santos, La Paz and other destinations on guided day trips.

Plan a balanced visit

• Avoid scheduling every activity back-to-back. Leave time for meals, beach visits, rest and unexpected changes in weather or sea conditions.

• For boat tours, confirm the departure marina or meeting point, check-in time, duration, inclusions and cancellation terms directly before booking.

• For land excursions, ask about transportation, footwear, clothing, age requirements, physical demands and any operator-specific restrictions.

Practical planning checklist

• Confirm your hotel address and the exact pickup or meeting location.

• Keep booking confirmations and operator contact details accessible.

• Bring sun protection, drinking water and suitable clothing for the activity.

• Allow extra time for transfers and check-in.

• Review current local guidance and the operator's safety instructions.

Planning note

Tour details, prices, schedules, inclusions, access rules and safety requirements can change. Information in this guide is general and is not a substitute for confirmation from the tour operator or local authorities. Verify the details that apply to your travel dates before making a reservation.

Frequently asked questions

Are Cabo San Lucas and San José del Cabo the same place?

They are two distinct towns within Los Cabos. They have different atmospheres and attractions, with the Tourist Corridor between them.

Can I book several activities during one stay?

Yes, but build in flexibility. Activity duration, transfer times, weather and sea conditions can affect your schedule.

Where should I start when choosing a tour?

Start with your interests, available time, group size, mobility needs and the experience you want. Then compare inclusions and meeting arrangements.

Plan your Cabo experience

Explore experiences with Tour Cabo Today and request current details, availability and recommendations for your travel dates.

Visit tourcabotoday.com

About this guide

Prepared by Tour Cabo Today as an educational travel resource. This guide is intended to help visitors ask informed questions and plan responsibly. It does not guarantee wildlife sightings, activity conditions, tour availability or specific operator services.

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